



WALK *from* OBESITY
Dutch Branch Park
300 Lakeside Dr.
Benbrook, TX 76126



From Fort Worth (21 Minutes)

- Take I-35W S
 - Exit 45A to merge onto I-20 W/I-820 W toward Abilene
 - Exit 429A for US-377 S toward Granbury
 - Merge onto Benbrook Blvd/US-377
 - Turn left at Winscott Rd
 - Turn right on Lakeside Dr
- OR
- Take I-30 W
 - Exit 5C to merge onto I-820 S
 - Exit 429A toward US-377 S/Granbury
 - Merge onto SW Loop 820
 - Turn right at Benbrook Blvd/US-377
 - Turn left at Winscott Rd
 - Turn right on Lakeside Dr

From Dallas (55 Minutes) /Arlington (37 Minutes)

- Take I-20 W toward Ft Worth
- Exit 429A for US-377 S toward Granbury
- Merge onto Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Mansfield (34 Minutes)

- Take US-287 N
- Merge onto I-20 W
- Exit 429A for US-377 S toward Granbury
- Merge onto Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Grapevine (45 Minutes)

- Take TX-121 S
- Exit I-820 W
- Merge onto I-820 N
- Exit 429A toward US-377 S/Granbury
- Merge onto SW Loop 820
- Turn right at Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From North Richland Hills (29 Minutes)

- Take I-820 W
- Exit 429A toward US-377 S/Granbury
- Merge onto SW Loop 820
- Turn right at Benbrook Blvd/US-377
- Turn left at Winscott
- Turn right on Lakeside Dr

From Irving (48 Minutes)

- Take TX-183 W to Fort Worth
- Exit I-820 W
- Merge onto I-820 N
- Exit 429A toward US-377 S/Granbury
- Merge onto SW Loop 820
- Turn right at Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Plano (1 hour 13 Minutes)

- Take N Central Expy/US-75 S
- Exit 21 to merge onto I-635 W
- Exit 30 for President George Bush Turnpike
- Merge onto President George Bush Turnpike (Toll Road)
- Continue on TX-161 S (Partial Toll Road)
- Exit onto TX-183 W toward Ft Worth
- Exit I-820 W
- Merge onto I-820 N
- Exit 429A toward US-377 S/Granbury
- Merge onto SW Loop 820
- Turn right at Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Waxahachie (59 Minutes)

- Take US-287 N
- Merge onto I-20 W
- Exit 429A for US-377 S toward Granbury
- Merge onto Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Burleson (26 Minutes)

- Take I-35W N
- Exit 45A to I-20 W/I-820 W
- Exit 429A for US-377 S toward Granbury
- Merge onto Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Weatherford (31 Minutes)

- Take I-20 E
- Exit 429A US-377/Granbury/Benbrook Blvd
- Merge onto W Loop 820 S
- Take US-377 S
- Merge onto SW Loop 820
- Turn right at Benbrook Blvd/US-377
- Turn left at Winscott Rd
- Turn right on Lakeside Dr

From Granbury (34 Minutes)

- Take US-377 N
- Turn right at Winscott Rd
- Turn right on Lakeside Dr

From Stephenville (1 Hour 8 Minutes)

- Take US-377 N
- Turn right at Winscott Rd
- Turn right on Lakeside Dr